

JANUARY KAZA SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
30	31	1	2	3	4	5
12PM PAIGE 5:30PM ANGEL 6:45PM CHALO	12PM LESLEY	12PM-4PM ART JAM <free></free>	5:30PM TAMMY 6:45PM CHALO	12PM PAIGE 6-7:15PM MASHUP	9:00AM PAIGE 10:15AM CHALO	9:30AM CHALO 10:45AM CAROLINA
6 12PM PAIGE 5:30PM CAROLINA 6:45PM CHALO	7 6:45PM BRIT 8:00PM TAMMY	8 12PM LESLEY 5:30PM CAROLINA 6:45PM BRIT 8:00PM ROAR	9 5:30PM CHALO 6:45PM TAMMY	10 12PM LESLEY 6:00PM BRIT	11 9:00AM PAIGE 10:15AM CAROLINA	12 9:30AM LESLEY 10:45AM CHALO
13 12PM PAIGE 5:30PM CAROLINA 6:45PM CHALO	14 6:45PM BRIT 8:00PM TAMMY	15 12PM LESLEY 5:30PM CHALO 6:45PM BRIT 8:00PM ROAR	16 5:30PM CAROLINA 6:45 PM TAMMY	17 12PM LESLEY 6:00PM CHALO	18 9:00AM PAIGE 10:15AM CHALO	19 9:30AM LESLEY 10:45AM BRIT 12-1:30PM KAZA MOVEMENT WORKSHOP
20 12PM PAIGE 5:30PM CAROLINA 6:45PM CHALO	21 6:45PM BRIT 8:00PM TAMMY	22 _{12PM CAROLINA} 5:30PM CHALO 6:45PM BRIT 8:00PM ROAR	23 5:30PM CHALO 6:45PM TAMMY	24 12PM PAIGE 6:00PM CHALO	25 9:00AM PAIGE 10:15AM CAROLINA	26 9:30AM CHALO 10:45AM BRIT 12-4PM NTBK CLUB <free></free>
27 12PM PAIGE 5:30PM CAROLINA 6:45PM CHALO	28 6:45PM BRIT 8:00PM TAMMY	29 12PM LESLEY 5:30PM CHALO 6:45PM BRIT 8:00PM ROAR	30 5:30PM CAROLINA 6:45PM TAMMY	31 12PM LESLEY 6:00PM CHALO	01 9:00AM PAIGE 10:15AM CHALO	02 9:30AM LESLEY 10:45AM CAROLINA

NEW THIS MONTHIN

1. SPECIAL MASHUP CLASS ON JAN 3RD! 2. TAMMY IS BACK WITH HER ROAR CLASSES!!!!! WEDNESDAYS @8P 3. KAZA MOVEMENT TRAINING WORKSHOP WITH PAIGE & TAMMY!

& GUESS WHAT?! MAMA CABOLINA IS BACKIII WOOMOO! REMINDER FOR THE NEW YEAR!!!!GET REWARDED FOR INVITING YOUR FRIENDS TO KAZA! YOU GET \$3 CREDIT FOR EACH PERSON! MAKE SURE TO GET THAT CREDIT, THEY NEED TO HAVE YOUR FULL NAME THE DAY THEY COME.

THIS MONTH'S EVENTS



SUNDAY JAN 19 12-1:30PM

LEARN THE FOUNDATIONS OF KAZA AND LEARN HOW TO MOVE AND EMBODY THE VIBE OF KAZA SONGS WE DANCE TO IN CLASS. AFTER THE WORKSHOP YOU WILL HAVE 30 MINUTES OF MORE PRACTICE TIME TO WORK WHAT YOU LEARNED. TIME TO ELEVATE!!!

FREE COMMUNITY DAYS -

WED. 1/112-4PM **ART JAM**

BRING YOUR PROJECTS <SEWING MACHINES, LAPTOPS, SKETCH BOOKS> WE ALSO HAVE STUFF FOR YOU IF YOU HAVE NOTHING IN MIND. SOME WILL BE DOING VISION BOARDS ALSO IF YOU WANNA JOIN IN!

NTBK CLUB SUN. 1/26 12-4PM

BRING YOUR JOURNAL & WRITING UTENSIL

THIS MONTH WE WILL BE WRITING AND DISCUSSING ON IDENTIFYING WHAT'S MOST IMPORTANT TO YOU AND HOW YOU WILL PLAN YOUR NEXT 3 MONTH FOCUSED GROWTH.



OUR ONGOING PROMOS

GET REWARDED FOR INVITING YOUR FRIENDS

EARN \$3 FOR EACH PERSON YOU REFER ON THEIR IST VISIT (REMEMBER, IT'S ONLY \$3 FOR THEIR VISIT). THEY MUST PROVIDE YOU FULL NAME OR KEY TAG NUMBER AT CHECK-IN (IN PERSON) TO RECEIVE CREDIT.

KAZA KASH

EARN 10% BACK ON ALL PURCHASES ONLINE & IN-PERSON. REWARDS ARE VALID FOR 90 DAYS FROM EACH TRANSACTION DATE AND YOU CAN START SPENDING ONCE YOU EARN \$1 ON ANY FULL PRICED PURCHASE.

FREE B-DAY CLASS

SIGN UP TO RECEIVE EMAILS OR TEXTS FROM US AND MENTION THE NOTE FOR A FREE CLASS ON YOUR BIRTHDAY AT THE FRONT DESK. THE FREE CLASS IS VALID FOR 30 DAYS.

OUR CONTACT INFO EMAIL: INFO@KAZAXE.COM PHONE: 703-594-6434 IG @KAZAXE

CLASS DESCRIPTIONS

KAZAXE

THIS HIGH-ENERGY CLASS SET TO BOOMIN' WORLD MUSIC WILL HAVE YOU DANCING WITH EVERYONE, THAT FEELS MORE LIKE A PARTY AND AT THE SAME TIME IT WILL KICK YOUR BUTT. NO DANCE EXPERIENCE NEEDED—JUST BRING YOUR VIBE AND LET LOOSE!

ROAR WITH TAMMY

RECONNECT WITH YOUR BODY THROUGH INTENTIONAL, LOW IMPACT MOVEMENT. THIS CLASS IS DESIGNED TO BUILD STRENGTH, STABILITY AND BODY AWARENESS THROUGH CONTROLLED AND MINDFUL MOVEMENTS.. FOR BEGINNERS TO ADVANCED MOVERS, THIS CLASS WILL NOT ONLY HELP YOU MOVE BETTER IN KAZA, BUT IN LIFE IN GENERAL, AND TO US THAT IS THE MOST IMPORTANT!

KAZA MOVEMENT TRAINING WORKSHOPS

JOIN ASUKA FOR A 90-MINUTE WORKSHOP EVERY MONTH! LEARN THE FOUNDATIONS, DISCOVER HOW TO BRING MORE POWER INTO YOUR MOVES, AND FEEL MORE CONFIDENT EVERY TIME YOU STEP INTO CLASS. THIS IS YOUR CHANCE TO TRAIN LIKE AN INSTRUCTOR AND MAYBE EVEN BECOME ONE SOMEDAY. LET'S TAKE YOUR KAZA EXPERIENCE AND CRANK IT UP THIS YEAR.

OUR FREE COMMUNAL GATHERINGS

THE NTBK CLUB GATHERINGS

INTENTIONAL JOURNALING & CONVERSATION THROUGH PROMPTS WITH COMMUNITY TO GROW TOGETHER.

ART JAMS. (CHILL LOW STIM. CAFE VIBES)

BRING ART PROJECTS OR DOODLE/COLOR WITH US. SEWING MACHINES WELCOME,. WE WILL HAVE EXTENSION CORDS FOR YOU.



VIRTUAL CLASSES

7 DAY FREE TRIAL 1 MONTH \$24.99/MONTH 6 MONTH \$19.99/MONTH

ANNUAL \$14.99/MONTH

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